



COURAGEOUS

Have I not commanded you
Be strong and courageous. Do not be frightened,
and do not be dismayed, for the Lord your God
is with you wherever you go.

Joshua 1:9

**NO
REGRETS**

FEBRUARY 6, 2021

**MEN'S
CONFERENCE**

noregretsconference.org

COURAGEOUS

What does it mean to
BE COURAGEOUS?

What does it look like?

COURAGE IS

Listening.
Showing empathy.
Being present.

Not giving up.
Letting go.
Sticking with it.

Working tired.

COURAGE IS

Resting.
Staying up.

Getting down.

COURAGE IS

Thinking deeply.
Inviting disruption.

Loving your enemy.

PUTTING JESUS & HIS PURPOSE

FIRST
no matter what.

**THAT...
IS COURAGE.**

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FEBRUARY 6, 2021

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PLATFORM SPEAKERS



CHRIS BROWN | Senior Pastor & Teaching Pastor
NORTH COAST CHURCH

Chris has served at North Coast Church since 2004. A gifted storyteller and Bible Teacher and sought after conference speaker, Chris is returning to the No Regrets Platform as one of our most requested speakers. His humor and motivational style have helped North Coast Church continue to grow, not only larger, but also younger during his tenure. He lives in Oceanside, CA with his wife Amy and their three kids.



DR. ERIC MASON | Founder & Pastor
EPIPHANY FELLOWSHIP, PHILADELPHIA

After two decades in gospel ministry, he took his passion for Jesus Christ to reach broken cities with the comprehensive gospel. Eric coaches and trains families to plant churches. He has authored three books, *Manhood Restored*, *Beat God to the Punch* and *Unleashed*. He and his wife, Yvette, have four children.



BRYAN CARTER | Senior Pastor
CONCORD CHURCH, DALLAS

Since 2003 Bryan has served as the Senior Pastor of the 9,000 member congregation at Concord Church in South Dallas. He serves on the board of Bible Study Fellowship (BSF International) and numerous boards serving the greater Dallas community. He leads Harmony Community Development Corp and African American Pastors Coalition. Along with his wife Stephanie they have three kids.



WILFREDO DEJESUS | General Treasurer
ASSEMBLIES OF GOD CHURCH

Pastor Choco” as he is known, has served as senior pastor of New Life Covenant Ministries in Chicago. He is also a popular speaker at churches, community events, conferences, and school assemblies, and is the author of several books, including *Amazing Faith*, *In the Gap*, and *Stay the Course*. Along with his wife Elizabeth, they have three adult children.

PLATFORM SPEAKERS



JASON ROMANO | Author & Speaker

Host of Sports Spectrum podcast, sought after speaker, Emmy-award winning sports producer with over twenty years in broadcast media and author of two books, *The Uniform of Leadership* and *Live to Forgive*.



STEVE CARTER | Pastor, Speaker & Author

A speaker, author, consultant and sports enthusiast. Steve is author of *"This Invitational Life"* and co-host of *"Home Team"* podcast about the intersection of sports, faith and culture. He currently travels the world speaking to congregations and coaching leaders.



CONFERENCE EMCEE STEVE SONDERMAN | Director of No Regrets Men's Ministry

Steve is the Executive Director of No Regrets Men's Ministry—a global ministry equipping men for leadership. He oversees the No Regrets Men's Conference and has authored several books on leadership and bible study curriculums. Steve served on staff of Elmbrook Church in Brookfield, WI for 35 years in various capacities. He also serves as the Chaplain of the Milwaukee Brewers baseball team. His wife, Colleen, and him have four children and three grandchildren.

ADDITIONAL CONFERENCE SPEAKERS



MATTERICKSON



JASONESPOSITO



LEEHEYWARD



GREGMARSHALL

DAY AT A GLANCE

STARTTIME (CST)		SPEAKER
8:30 am	Welcome & Worship	STEVESONDERMAN NO REGRETS BAND
8:50 am	Keynote - Courageous	CHRISBROWN
9:35 am	Break	
9:40 am	Seminar 1/Discussion	
10:25 am	Panel Discussion	STEVE CARTER/BRYAN CARTER
10:35 am	Testimony & Worship	
10:40 am	Seminar 2/Discussion	
11:15 am	Break	
11:20 am	Seminar 3/Discussion	
11:50 am	Break	
11:55 am	Worship	NO REGRETS BAND
12:05 pm	No Regrets Story	STEVESONDERMAN
12:10 pm	Interview	JASONROMANO
12:20 pm	Living Courageously	STEEVCARTER
12:50 pm	Closing	STEVESONDERMAN

No Regrets is a live event-all times are approximate.

No Regrets 2021 | CONFERENCE SCHEDULE

Streaming Channel	Opening Session	Breakout Seminar 1	Breakout Seminar 2	Breakout Seminar 3	Closing Session
Viewers can switch between channels throughout the day	Starts at 8:30am CT	Discussion time/break after each session Special roundtable, interviews and testimony between sessions			Ends at 12:30pm CT
1	Welcome, Worship, Testimony Keynote: Chris Brown	Eric Mason Life Beyond Regret <i>(Spiritual Growth)</i>	Bryan Carter Biblical Masculinity <i>(Men's Issues)</i>	Wilfredo DeJesus Engaging Your Culture <i>(Influence)</i>	Welcome, Worship, Testimony Keynote: Steve Carter
2	Same content as Channel 1	Steve Carter Parenting <i>(Parenting)</i>	Eric Mason Unity & Diversity <i>(Spiritual Growth)</i>	Chris Brown Purity / Temptations <i>(Men's Issues)</i>	Same content as Channel 1
3	Same content as Channel 1	Jason Romano Forgiveness <i>(Spiritual Growth)</i>	Lee Heyward God is Bigger <i>(Spiritual Growth)</i>	Jason Esposito Facing Stress <i>(Mental Health)</i>	Same content as Channel 1
4	Same content as Channel 1	Greg Marshall Redeeming Your Work <i>(Work)</i>	Matt Erickson Making Disciples <i>(Spiritual Growth)</i>	Bryan Carter Marriage <i>(Marriage)</i>	Same content as Channel 1

Speakers and conference schedule subject to change

10/2/20

SEMINAR DESCRIPTIONS

OPENING SESSION (ALL CHANNELS)

CHRIS BROWN | BIBLICAL BASIS FOR COURAGE

Can we just take a session to be honest about how we are hard wired as men, and how that can really mess us up at times? This session will take a step by step look at “How To Be An Idiot” right from the pages of scripture, in hopes that we can find the courage to live differently for the sake of our own legacy, and the lives of those closest to us.

BREAKOUT SEMINAR 1

ERIC MASON | LIFE BEYOND REGRET

How do I live a life beyond regret? Most men are living with regrets that keep them from being the man God intended him to be. Learn how we can live a life beyond those regrets.

STEVE CARTER | PARENTING

Parenting is one of the most challenging and important responsibilities we can have. What does God say about how we should raise our children? Do you need help and practical guidance? Come hear what might be a man's most important role.

JASON ROMANO | FORGIVENESS

Jesus says we are to forgive every single time we've been wronged. Easier said than done. Jason will walk us through his journey of forgiveness and tell us why it's important to move forward when someone we know and love hurts us.

GREG MARSHALL | REDEEMING YOUR WORK

To “redeem” your work is to save it from being a meaningless routine or harmful obsession, to make it a fruitful expression of God's purpose in your life. In this session we will look closely at a practical theology of work that will liberate your calling within your work context.

BREAKOUT SEMINAR 2

BRYAN CARTER | BIBLICAL MASCULINITY

Our culture seems to be redefining manhood and what it means to be masculine. What does it mean to be a man? What does the bible say about it? Bryan will unpack true biblical masculinity.

ERIC MASON | UNITY & DIVERSITY

Has there ever been a time like this where we are so divided? Why are we so divided and is there a way to become united? Where do we turn for help? Eric will take us through this important discussion.

LEE HEYWARD | GOD IS BIGGER

It's true that suffering and adversity can be brought on by simply living in a fallen and broken world. But there is another kind of adversity that occurs in this world that has the fingerprints of God all over it. It is pain and adversity that doesn't originate in evil, but originates in the purposes and plans of a loving and sovereign God. Join me as we explore and distinguish between these two types of hardship.

MATT ERICKSON | GROWING IN CHRIST DURING TRYING TIMES

All of us face trouble. We've seen that in this past year, from a global pandemic to national divisions to our own personal challenges. The New Testament book of James says, we should “consider it pure joy...whenever you face trials of many kinds.” So how do we do that? Join this seminar as we explore what it means to grow with Christ during trying times.



WILFREDO DEJESUS | IN THE GAP

The gap is a place of weakness, vulnerability and danger. Learn what happens with people stand in the gap. Each person's contribution matters. Every act of love counts. Every courageous deed makes a difference.

CHRIS BROWN | HOW TO KEEP FROM LOSING IT ALL-PURITY/TEMPTATION

A conversation between father and son has the best intentions and is full of wisdom, yet neither are able to actually live it out, so the legacy of family train wrecks continues. We will dive into their story, filled with step by step instructions, so with God's help we can change this pattern in our own lives, and for the sons and daughters we leave behind.

JASON ESPOSITO | NAVIGATING STRESS

Stress-healthy and unhealthy stress! All of us experience it. The stress of a new job, finances, a global pandemic, trying to reach goals, health concerns, a demanding boss, our kids, marriage or dating relationships, and the home project that is now two months overdue. The question is not, can you completely avoid stress in your life? The question is, how can you navigate stress in a manner that grows your relationship with Christ? In this seminar we will identify those unhealthy stress triggers in our life and discover better responses to them as men growing as followers of Jesus.

BRYAN CARTER | MARRIAGE

What does God say about how I should treat my wife? I need help and practical guidance. Hear why marriage is such a soul-shaping experience.

CLOSING SESSIONS (ALL CHANNELS)

STEVE CARTER | LIVING COURAGEOUSLY

What's next, men? Where do we go from here?

Additional Talks Made Available Following Conference (on the app and website)

ADDITIONAL TALKS

Available Following Conference
on the NR app & website

BRIAN HOFMEISTER | COMMUNICATION IN MARRIAGE

Conflict is a given, but communication is not. There are five conversations every marriage needs to have: Collaboration, Compromise, Avoidance, Accommodation and Competition. We will discover the right conversation to have by reading the situation and applying the gospel to one of the five conversations.

BRYAN MARVEL | DISCIPLING YOUR CHILDREN

Raising kids is hard. Teaching them responsibility, strong character, and a good work ethic is a challenging task for parents. And most importantly, is helping them develop their faith in Christ. The key to establishing faith in your kids is to first possess it in your own life, because you can't pass long something you don't have. In this seminar we'll look at what it takes to cultivate a strong faith walk and a few simple practices you can do to pass it along to your kids.

WALTER HARVEY | TEMPTATIONS MEN FACE

You can't stop a bird from flying over your head but you can stop it from building a nest there. All men face the temptations of PMS (not just women). Our greatest PMS temptations are pride, money and sex. Discover how to courageously resist them and live a life without regret.

JONATHAN MISIRIAN | BUILT TO LAST

We see so many failures and guys not making it to the finish line with their families, with their careers, and with the Lord. Our "Built to Last" seminar will challenge and inspire us to remain faithful and stay focused on Jesus to the end.

COLLEEN SONDERMAN | TOP TEN THINGS EVERY WIFE WISHES HER HUSBAND KNEW

A popular book that hit the New York Times best seller list was, "Men are from Mars, Women are from Venus." Do you feel that tension in your marriage? Would you like to learn Venetian? There are specific physical, emotional and sexual differences between men and women and the needs each one has are very unique. This seminar will highlight some of those differences and help husbands to tailor their loving specifically to their wife's unique needs.



ADDITIONAL TALKS

Available Following Conference

STEVEN ARGUE | PARENTING YOUR EMERGING ADULT

Emerging adults are those, ages 18-29. Their quests toward meaningful work, relationships, and beliefs face unique challenges that impact their personal, educational, vocational, and spiritual lives. Parents of emerging adults are also facing new questions, challenges, and opportunities. In this seminar, we'll unpack the emerging adult experience and offer courageous ways parents, mentors, and caring adults can grow with their emerging adults, rather than apart.

CASEY SEYMOUR | WHAT DOES SUCCESS LOOK LIKE TODAY

Success can be a slippery word. In our society we see multiple versions of the "successful life," but is it truly successful living? In Scripture we see multiple verses and examples that teach us what truly is successful living. Join us in this seminar as we learn how to live a life that thrives and doesn't merely survive.

PACO COJON | COURAGEOUS AT HOME

Have you ever wondered, What does a brave man look like in his home? Often when we think of the word "brave", images of a warrior, a war hero or a gladiator come to mind. Or maybe you have a WWE wrestler in mind—rough, strong guys with a touch of insensitivity. You will be surprised how a brave man looks in light of the Bible, and how this concept will revolutionize your life not only in your home, but in many areas of your life. Do not miss it!

HAROLD DIAZ | COURAGE IN MINISTRY

In general terms, when we lack courage our ministries can stagnate and not grow. But just the opposite is true. In ministry, we need courage to create, face change, impact lives in ways we haven't done before and this transcends from the family to whatever area of ministry we want to serve. What does it mean to be courageous in ministry? How does this apply to our lives? They say that many of the best visions die with the visionary in the cemetery because they did not have the courage to carry them out. We do not need more men with vision, we need more men with the courage to carry out a vision and bless many.

MEL LAWRENZ | DEALING WITH LOSS

In the normal course of life we will experience many gains, but also significant losses. Some losses hit us with devastating force—the loss of a job, a broken marriage, a life-threatening illness, losing a loved one. What can we do to survive severe loss? This seminar offers an honest and practical path forward.

MARK WEIGT | DISCOVERING YOUR PURPOSE

One of the most challenging questions men face is what they should be doing. Most men don't know their purpose or how to find it. But God has a purpose for every man, and He gives us a way to find it. Come to this seminar as we discover more about God's purpose for you.

BRIAN SONDERMAN | BECOMING A MAN OF BIBLICAL JUSTICE

The Old Testament prophet Micah said acting justly is one of the most basic requirements of God's people. Yet millions of our neighbors cry out for justice and feel the church has been silent or even worse, complicit. In this seminar, we will learn about God's call to pursue radical generosity, universal equality, life-changing advocacy and deep repentance.

STEVE SONDERMAN | LEADING A NO REGRETS FOLLOW-UP GROUP

In order to continue the momentum of the conference we have written a six-week study, Courageous, based on talks from the main speakers. This seminar will provide the basic tools for starting and leading a small group using the study, when the conference is over



SEMINAR NOTES

OPENING SESSION

CHRIS BROWN

Biblical Basis for Courage

CLOSING SESSION

STEVE CARTER

Living Courageously



SEMINARNOTES

ERIC MASON

Life Beyond Regrets
Channel One Seminar One

BRYAN CARTER

Biblical Masculinity
Channel One Seminar Two

WILFREDO DE JESUS

In the Gap
Channel One Seminar Three



DO YOU NEED PRAYER?

Our prayer team members are here to support you.

Text "PRAYER" to 262.207.4008
or email us at
prayer@noregretsconference.org



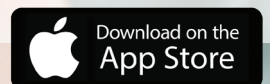
ALL YOUR FAVORITE TOOLS & RESOURCES IN ONE PLACE

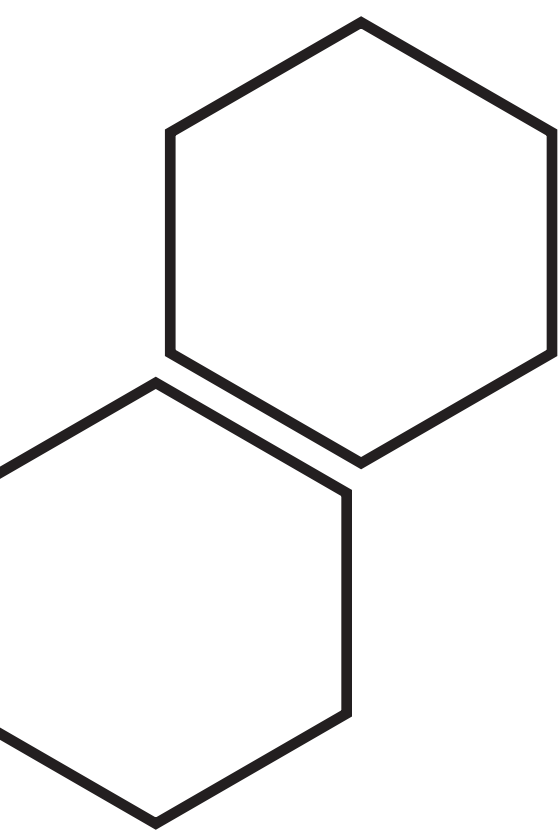
- ◊ Conference details
- ◊ Platform videos & audios
- ◊ Breakout seminar audios
- ◊ Bible studies
- ◊ Podcasts
- ◊ Leadership resources

Turn on your notifications.
Stay informed of new media uploads and ministry products.



DOWNLOAD TO YOUR MOBILE DEVICE NOW!





NEXT STEPS

Take the energy and momentum you've found here and continue with a devotion with your small group.



COURAGEOUS SMALL GROUP STUDY

A 6-week follow study featuring video from this year's No Regret's Conference. Download the free study:

- NR app or at
- menwithnoregrets.org/mens-s-group-studies



BASECAMP STUDY

COMING SOON

An online bible study for men's small groups featuring video, reading and in person discussions. Each study is 6-8 weeks in length.

- menwithnoregrets.org/basecamp



HOW TO LEAD A SMALL GROUP

COMING SOON

A video training series to help you take your group leadership to the next level. You'll learn to recruit, launch and develop a successful small group.

- menwithnoregrets.org/small-group-training



Follow us:



@noregretsmen #nrc21

SHARE YOUR IMAGES FROM TODAY!

Post pics of your host site or small group gathering, so we can include them in the conference.

DOWNLOAD OUR APP



NEW VIRTUAL LEADERSHIP COHORT

Beginning March 25th, 2021

A group training with live teaching to help you launch or activate a men's ministry in your church.

- Apply here: menwithnoregrets.org/cohort



For more resources and small group bible studies go to:

- menwithnoregrets.org
- No Regrets app



CONFERENCE NEWS

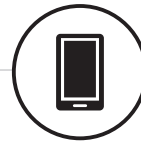
FOUR WAYS TO DONATE TO NR:



OUR SECURE WEBSITE
menwithnoregrets.org/give



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payable to No Regrets Men's Ministry
19435 W. Capitol Drive
Suite L05
Brookfield, WI 53045



NO REGRETS APP



STOCK TRANSFERS
please contact us directly
Craig.Cooper@NoRegretsMen.org

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NO REGRETS APPAREL AVAILABLE AT

noregretsconference.org



SAVE THE DATE FEBRUARY 5, 2022

NO REGRETS MEN'S CONFERENCE



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SPECIAL THANK YOU TO:

