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I TIMOTHY 6:11

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I TIMOTHY 6:11

FEBRUARY FOURTH 2023

NO
 REGRETS

MEN'S
 CONFERENCE
 30th ANNIVERSARY

**BUT YOU,
MAN OF GOD,
FLEE FROM ALL THIS,
& PURSUE
— RIGHTEOUSNESS,
GODLINESS,
FAITH, LOVE,
ENDURANCE &
GENTLENESS.**

1 TIMOTHY 6:11



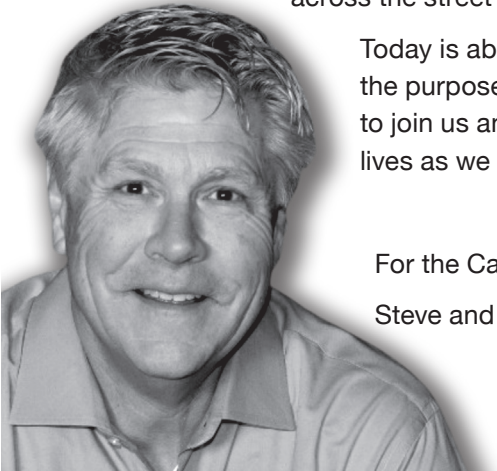
PURSUE LIFE

Welcome to the 30th annual No Regrets Men's Conference.

This all started in a conference room. A small group of men asked ourselves, "What do we want to do?" One man replied, "become friends and change the world." That is exactly what we have been seeking to do all of these years. One of my greatest joys (other than my wife, kids and grandkids, of course) has been working with this team for the last 30 years. I am so grateful for each man and woman who has faithfully served over the years to make this conference happen.

I would like to thank two men in particular for all they did to get us here. The first is my good friend, Dave Wennstrom, who planted the idea of a men's conference all those years ago. The second is Stuart Briscoe, who encouraged us to host the event at Elm-brook, was a frequent speaker and was our biggest fan and supporter.

Our theme this year, PURSUE, is inspired by 1 Timothy 6:11. This pursuit starts with a God who pursues each of us (Ephesians 1:4). The God of the universe will move mountains and desires a relationship with us. His faithfulness was evident as He used ordinary men, who were unsure of what they were doing, for His service. We have seen thousands of men come into life-changing relationships with Him. We have seen men break addictions, heal relationships, restore marriages and be mobilized to serve across the street and around the world.



Today is about Christ and what it means to pursue Him and the purposes He has for us. I am so grateful you have chosen to join us and look forward to what God is going to do in our lives as we pursue Him together.

For the Cause that Counts,
Steve and the No Regrets Committee

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ALBERT TATE

Albert Tate is the Founding and Lead Pastor of Fellowship Church in Los Angeles County, CA. As a dynamic communicator, Albert is passionate about sharing the Gospel of Jesus Christ both locally and globally. He serves on the Board of Trustees at Azusa Pacific University, the Global Leadership Network, and Global Church Planting Organization, Stadia. Albert is the Founder and CEO of The Greatest Story, Inc. & President of Harambee Ministries.

VINCE MILLER

Vince Miller's beginnings were in sharp contrast to the leading author and speaker he's become. Abandoned by his father at age two, drug use and failed marriages by his mother plagued his formative years. A loving grandfather led him to Christ. This 28-year ministry veteran, has authored 19 books, including, *Thirty Virtues That Build a Man*, small group videos, *Resolute*, a non profit with discipleship tools and *The Men's Daily Devo*. Vince is a married father of three and spends his time dedicated to mentoring leaders around the world.

STEVE & COLLEEN SONDERMAN

Steve and Colleen have been married for 39 years, are parents to four married adult children and grandparents to six grandkids. Colleen is a physical therapist overseeing oncology rehab. Steve is the Founder and President of No Regrets Men's Ministry. As a leader in men's ministry, Steve spends time training and coaching churches worldwide on how to effectively minister to men.

CHRIS BROWN

Chris Brown serves as a Senior Pastor and Teaching Pastor at North Coast Church in Vista, CA since 2004. He has also served as Campus Pastor and Youth Pastor in the LA area. He is a gifted storyteller and Bible teacher, known for his sense of humor and motivational style. His life work and ambition is to equip people to follow Jesus while building healthy, productive teams that serve the local church.



STEVE CARTER

Steve Carter is the Teaching Pastor at Forest City Church in Rockford, IL. He is the author of, *The Best of You*, where he invites people to step bravely into God's calling even when they feel the least prepared and, *This Invitational Life*, where he calls people to risk themselves to align with God's heartbeat for humanity. He is the co-host of the Relevant Sports Podcast, a weekly show that talks about the intersection of sports, culture and faith. Steve lives outside Chicago with his wife, Sarah, and their two kids.

MARK BATTERSON

Mark Batterson serves as Lead Pastor of National Community Church in Washington, D.C., a multi-site church. Mark holds a Doctorate in Ministry from Regent University and is the New York Times best-selling author of 19 books including, *The Circle Maker*, *In a Pit with a Lion on a Snowy Day*, *Wild Goose Chase* and has recently released, *Double Blessing*, *Whisper*, and *Play the Man*.

PASTOR ROD HAIRSTON

Rod Hairston is committed to helping people experience the transforming power of God in their lives and families. As the Founding Pastor of Messiah Community Church, in Reistertown, MD. Pastor Rod passionately engages people with practical teaching and encourages people to live authentic lives that make a difference. He believes a healthy and vibrant church community that emphasizes clear biblical teaching, emotional wholeness, and gracious community is the best way to transform lives. Rod and his wife, Sheri, have been married for 30 years.

CORY DEMME

Cory Demmel is the Lead Pastor at Cape Christian Church in Cape Coral, FL.. Cory's focus is growing leaders across ministries. He has led in adult ministry, children and student ministries, small groups, and Master's Commission International Network. Cory's goal is to add value and help people discover and pursue their passions and purpose.

TIME (CT)	SESSIONS SEMINARS	SPEAKER
7:15 AM	Early Bird Seminars (Live only)	Various
8:00 AM	OPENING SESSION	Chris Brown
9:15 AM	Discussion/Break	
9:30 AM	SEMINAR 1	
WC*	Pursuing a Godly Marriage	Steve Carter
CH*	Temptations Men Face	Albert Tate
FH*	Win the Day	Mark Batterson
AM*	Living Free From Your Stuff	Cory Demmel
10:00 AM	Discussion/Break	
10:15 AM	SEMINAR 2	
WC*	Pursuing Work and Life	Rod Hairston
CH*	Becoming a Godly Dad	Chris Brown
FH*	Soul Mates	Steve & Colleen Sonderman
AM*	Lessons from 30 Years of Men's Groups	Vince Miller
10:45 AM	Discussion/Break	
11:00 AM	SEMINAR 3	
WC*	Play the Man	Mark Batterson
CH*	Growing as a Jesus Follower	Rod Hairston
FH*	Why Christ?	Steve Carter
AM*	Work Unto the Lord	Troy Thomas
11:30 AM	Discussion/Break	
11:45 AM	CLOSING SESSION	Albert Tate

***ELMBROOK ROOM GUIDE:**

WC Worship Center **FH** Fellowship Hall
CH Chapel **AM** Amphitheater

No Regrets is a live event-all times are approximate.

SOCIAL MEDIA



POST YOUR PICTURES TO YOUR SOCIAL MEDIA AND TAG US!

@noregretsmen | #NRC23 | #menwithnoregrets

OPENING SESSION

8:00-9:15 AM

CHRIS BROWN || PURSUE

CLOSING SESSION

11:45-1:00 PM

ALBERT TATE

WHY ARE WE HERE?

WHAT ARE WE SUPPOSED TO DO, & HOW DO WE DO IT?

The answer to these questions helps us manage the stress and weight of responsibilities we try to juggle in our lives. Chris will show us what it means to

pursue the purposes

God has for us and release us to walk in freedom.

Albert will close the conference with the strong command that the Apostle Paul gave Timothy in 1 Timothy 6:11,

**“But you, man of God,
FLEE FROM ALL THIS, &
PURSUE RIGHTEOUSNESS,
GODLINESS, FAITH, LOVE,
ENDURANCE & GENTLENESS.”**

DO YOU NEED PRAYER?

Our prayer team members are here to support you.

Text “PRAYER” to 262.207.4008 or email us at Prayer@noregretsconference.org

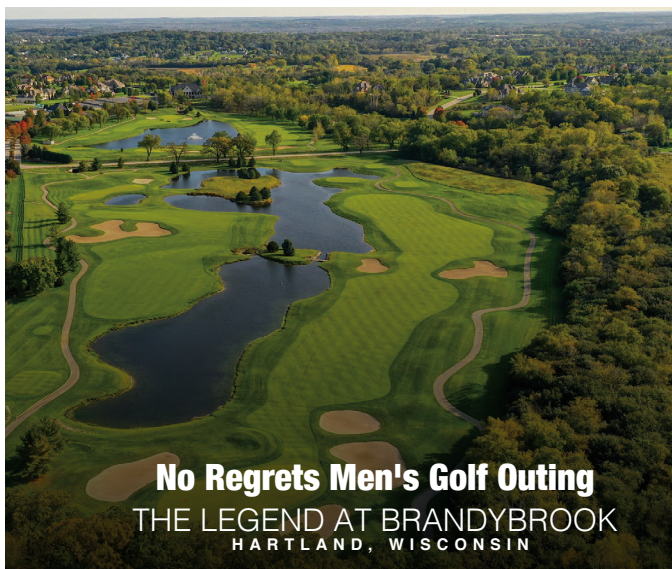
GOLF
OUTING

SAVE THE DATE:

**JULY 17,
2023**



NOREGRETSCONFERENCE.ORG



No Regrets Men's Golf Outing
THE LEGEND AT BRANDYBROOK
HARTLAND, WISCONSIN

**EARLY BIRD
SEMINARS****7:15 - 7:45 AM****MIKE M.**
LIVING ON PURPOSE**CHAPEL**

Most men at the end of their life want to know that they made a difference. Call it a sense of purpose or significance but none of us want to get to the end of our lives and realize that we have wasted the one life we were given to live. We want to know that we impacted lives, people, humanity or eternity. The question is: "how?" How do we do that well? Come hear some principles and stories about how not to waste your life.

ROOM**SEMINAR 1 || 9:30-10:00 AM****WORSHIP CENTER****STEVE CARTER**
PURSUING A GODLY MARRIAGE

What does a godly marriage look like? What do we do if our marriage doesn't look that way? Why can marriage be so challenging? How do we pursue a Biblical vision for our marriage in every season of life? Join Steve as he explores this challenging topic and brings practical application for men to pursue godly marriages.

CHAPEL**ALBERT TATE**
TEMPTATIONS MEN FACE

Money, sex, power and addictions. It's easy to get derailed as you follow Christ. How do you avoid the temptations men face? Albert will discuss how, in Christ, we overcome the temptations that cause men to stumble.

FELLOWSHIP HALL**MARK BATTERSON**
WIN THE DAY

Show me your habits and I'll show you your future. Destiny is not a mystery. Destiny is daily habits. The good news? You are one habit away from a totally different life!

AMPHITHEATER**CORY DEMMEL**
LIVING FREE FROM YOUR STUFF

There are so many voices telling men where their values lie: talents, bank accounts, careers, accomplishments and toys. However, there is more to YOU than all that stuff. There is fulfillment and security beyond all that, because YOU ARE NOT YOUR STUFF!

****MORE SEMINARS ON THE NEXT PAGE****

BRYAN MARVEL
MAKING YOUR WORK MATTER

**FELLOWSHIP
HALL**

KURT OWENS
FACING ADVERSITY

B223-226

When we were young we all had dreams of what we wanted to be when we grew up. But how many of us saw those dreams become a reality? For many men, work is a duty and obligation. For others, it sucks the life out of them. In this session we will look at God's design for work and what it takes to find meaning and fulfillment in it.

Whether you are a believer or not, adversity will always lurk in the shadows and nobody is immune from it. However, the adversity you experience will never cancel out the mission God has called you to. Fact of the matter is, mission and adversity travel together, and this session is designed to better help you navigate those travels.

SEMINAR 2 || 10:15-10:45 AM

ROD HAIRSTON
PURSUING WORK AND LIFE

Your work, leisure and relationships, do not have to compete. In this session Rod will empower you to find balance in your work, family, and relationship life.

CHRIS BROWN
BECOMING A GODLY DAD

As men we tend to lean into things that we are good at, or enjoy. Unfortunately for many, parenting is not on either of those lists. Today's session will bring encouragement and empowerment that you are made for this role.

STEVE & COLLEEN SONDERMAN
SOUL MATES

Between working 50+ hours per week, attending kids activities, coaching teams, household chores and serving at church, where is the time to be a "Soul Mate"? In this seminar Steve & Colleen will draw upon nearly 40 years of marriage to share principles on how your marriage can grow and deepen through the years.

VINCE MILLER
LESSONS FROM 30 YEARS OF MEN'S GROUPS

Brotherhood is one of man's basic needs. Yet today, most men walk through life with few friends. God is not looking for men to have only friendships but calls us into brotherhood. In this session, you will discover why brotherhood is essential to your faith and how to build it into your life and church culture.

SEMINAR 3 || 11:00-11:30 AM

MARK BATTERSON
PLAY THE MAN

The will of God is not an insurance plan, it's a dangerous plan. Quit living as if the purpose of life is to arrive safely at death. It's time to take up your cross and go all in with God. God is calling a generation of men to step up—as husbands, as fathers, as friends—and play the man.

ROD HAIRSTON
GROWING AS A JESUS FOLLOWER

Anything we want to grow in our lives, whether it's a business, a relationship, a garden, or our finances depends on the principles of sowing and reaping. Learn how to grow as a follower of Jesus by observing the same principles. The secret to growing in Christ is all about being receptive to the seed of His word, no matter what kind of hand life is dealing us. Even if you've gotten off track, growth is still possible!

STEVE CARTER
WHY CHRIST?

Jesus Christ is the most historically significant, culturally impactful, and personally debated figure of all time. Who is this figure? The way we understand the person and work of Christ strongly influences why we place our trust in Him. So why should you devote your life to Him? Join Steve as he unpacks this important topic and challenges you to answer these questions for yourself

TROY THOMAS
WORK UNTO THE LORD

Another day, another dollar? Working for the weekend? Just showing up? Is your work just a daily grind? How do we respond to work that seems unfulfilling, frustrating, and disconnected from our spiritual life? Discover new application of the timeless advice for every working man: "whatever you do, work at it with all your heart, as working for the Lord."

****MORE SEMINARS ON THE NEXT PAGE****

Additional talks available following the conference on the NR app & website noregretsconference.org

NOREGRETSCONFERENCE.ORG

ROOM	SEMINAR 1 9:30-10:00 AM
B223-226	<p>KURT OWENS SENIOR PASTOR-UFLOURISH CHURCH FACING ADVERSITY</p> <p>Whether you are a believer or not, adversity will always lurk in the shadows and nobody is immune from it. However, the adversity you experience will never cancel out the mission God has called you to. Fact of the matter is, mission and adversity travel together, and this session is designed to better help you navigate those travels.</p>
B321-324	<p>GARY ROHRMAYER AUTHOR, SPEAKER-CONVERGE MIDAMERICA HAVING SPIRITUAL CONVERSATIONS</p> <p>How do you come alongside a person who is far from God and help them become a mature follower of Jesus? Coming alongside them is more helpful than throwing more discipleship programs at them. Gary has developed a proven spiritual formation process that has turned many spiritual investigators into spiritual contributors. Learn how to have spiritual conversations that lead to spiritual maturity.</p>
B325-328	<p>BRYAN MARVEL SENIOR PASTOR-MEADOWBROOK CHURCH MAKING YOUR WORK MATTER</p> <p>When we were young we all had dreams of what we wanted to be when we grew up. But how many of us saw those dreams become a reality? For many men, work is a duty and obligation. For others, it sucks the life out of them. In this session we will look at God's design for work and what it takes to find meaning and fulfillment in it.</p>
B329-332	<p>JONATHAN MISIRIAN LEAD PASTOR-SOUTHBROOK CHURCH SHAPING YOUNG ADULTS</p> <p>So many of us have a sense of urgency in passing the faith on to the next generation. Historically, Young Adults have always been one of the most difficult groups to reach for the Lord. Our session will focus not only on mistakes we commonly make but will also give us concrete steps that we can all take to help spiritually form the Young Adults in our lives.</p>

SEMINAR 2 || 10:15-10:45 AM

ALEX TUNNICLIFF
 LEAD PASTOR-REDEMPTION HILL
 A GOSPEL-DRIVEN APPROACH TO LUST

Few temptations are more pervasive and destructive to men than pornography. Freedom is possible but we must fight for victory from the victory Jesus died to secure. Let's take an honest look at ourselves in light of this sin and find hope to kill it by the finished work of Christ our King.

WALTER HARVEY
 BISHOP-EMBASSY CENTER MKE
 FORGIVING AND HEALING

Discover the power of communion and the Lord's Table at this seminar. Jesus desires to be in close relationship with us, so He prepares a table of forgiveness, healing and restoration. At the table, Jesus turns our darkest moments into happy endings because of His grace.

DAN RYAN
 PASTOR-EASTBROOK CHURCH
 REACHING YOUR NEIGHBOR

The world is literally coming to our front door as refugees and immigrants from across the world are coming to Wisconsin to find help and hope. How do we effectively both reach out to these people and also our Wisconsin neighbors? Come and hear helpful insights and key principles in tried and true ways to effectively reach our neighbors, across cultures and across the street!

TROY LOETHER
 LEAD PASTOR-KETTLEBROOK CHURCH
 INFLUENCING TEENS

Today's "Influencers" use their presence and platform to influence others. While the term is a current buzzword, the concept is not new. You are influencing the teens in your life. Period. The real questions are: how are you influencing them, who are you pointing them to and what might we glean from the most influential influencer of all time?

SEMINAR 3 || 11:00-11:30 AM

MIKE M.
 PASTOR OF MISSION & MOBILIZATION
 ELMBROOK CHURCH
 LIVING ON PURPOSE

Most men at the end of their life want to know that they made a difference. Call it a sense of purpose or significance but none of us want to get to the end of our lives and realize that we have wasted the one life we were given to live. We want to know that we impacted lives, people, humanity or eternity. The question is: "how?" How do we do that well? Come hear some principles and stories about how not to waste your life.

BLAND & LINDA CAMPBELL
 PRAYER VOLUNTEERS
 ELMBROOK CHURCH
 UNDERSTANDING PRAYER

It is no small thing for a person to bow down and bend before the living God. When we pray, we come into His presence; we encounter Him. He is the One on the other side of our prayers. Pursuing a life of prayer takes understanding and action.

DR. DAN GREEN
 CLINICAL DIRECTOR
 NEW LIFE RESOURCES
 DEALING WITH STRESS

Day-to-day life presents many demands on our time, energy, emotions, and resources. We are finite and the demands can seem endless. When we experience being overwhelmed, stressed-out we often live poorly and use unhealthy and ungodly coping strategies with many negative consequences. We will explore how we can live congruent with how God has designed us and cope effectively with the stresses we encounter.

BRIAN & MELISSA HOFMEISTER
 LEAD PASTOR & VOLUNTEER
 LAKEPOINT CHURCH
 COMMUNICATING IN MARRIAGE

It's been a hard year(s) for many marriages. We tried telling ourselves our marriage was fine (when we were not), then we tried to hide it when we were not fine (fix it on our own), but maybe now is the time to talk about not being fine and face some long-term disappointments in marriage - together. First, we'll get into what the gospel communicates to our marriage like nothing else can - forgiveness, grace, second chances, and hope all have their best power in the gospel of Jesus. Second, we'll make big choices based on Jesus' teaching that the two are already one, and therefore set the boundaries that keep us one.

SNACKS: help yourself to healthy (and less healthy) snacks, water bottles and coffee near the Worship Center.

PRAYER ROOM: team members are ready to pray with you anytime during the conference. Prayer room is C247-C248– lower level

SPEAKER TABLE: platform speaker books and merch–upper level

APPAREL TABLE: shop No Regrets gear–lower level

SPONSOR TABLES: visit our sponsors' tables and environments– lower level

ELMBROOK BOOKSTORE: shop upper level north entrance

MISSION CAFE: premium coffees for purchase–upper lobby



APPAREL AVAILABLE AT:
noregretsconference.org





TAKE THE ENERGY & MOMENTUM
YOU FOUND HERE & KEEP IT GOING WITH
ONE OF THESE DISCIPLESHIP RESOURCES.

PURSUE II FOLLOW UP STUDY

Available immediately following the conference. A six-week study for small groups featuring videos from this year's No Regrets Conference.

Download the free study on the NR app or at:
noregretsmen.org/small-group-conference-studies



DISCIPLEMAKER 201

A 6-month, virtual training experience provides your church leaders with tools, training and a customized pathway to start or grow your ministry to men.

BASECAMP

Grow your small group through a series of short digital study guides. This 6-8 week series includes video teaching, Scripture reading, thought-provoking questions and group experiences. Lessons include leader notes for thoughtful discussions.

NO REGRETS LEADERSHIP PODCAST

Check out our podcast available on Tuesdays on the NR app, Apple podcasts, and wherever you listen to podcasts. Interview-style podcast featuring leading voices for leadership to men.

For more resources and small group Bible studies go to: *noregretsmen.org*



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We value your feedback. Please complete a digital comment card by 12 PM today. A winner will be selected randomly from submitted cards.

Use the QR code to participate.

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*you must attend
in-person to be eligible.

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talking with churches & organizations.

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2. Fill out the contact form.
3. Write "Ambassador" in the message box.

**FOR YOUR CHANCE TO WIN,
SCAN THE QR CODE BELOW**



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DISCIPLEMAKER 101


Impacting Your World for Christ


You want to build a disciple-making movement so that you can see your community change for good. But you just aren't sure where to begin. Here is some good news: you can start here! There are steps you can take to change your community for the better.


It all starts with DiscipleMaker 101
noregretsmen.org/disciplemaker101/


MAIN LEVEL

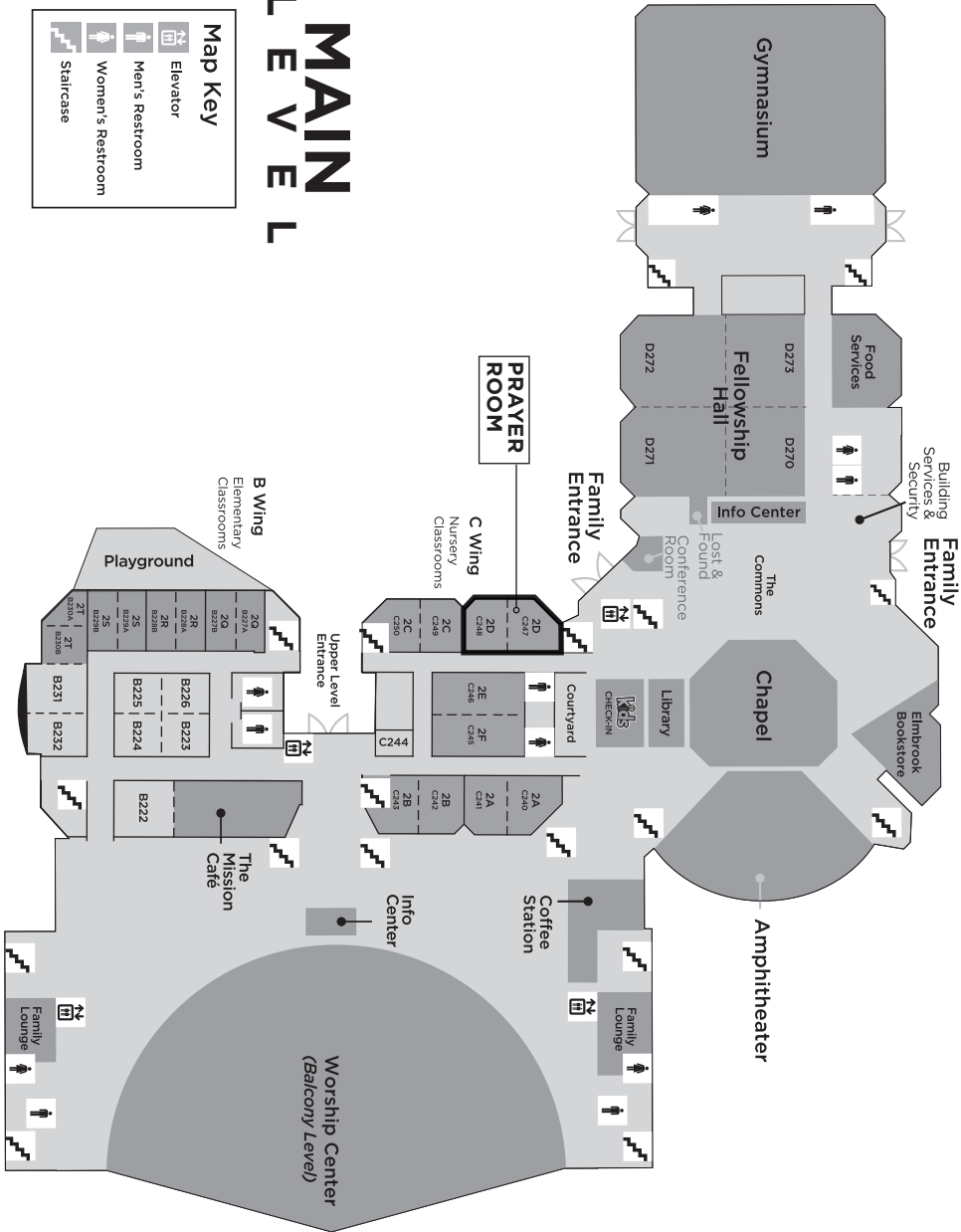
Map Key

 Elevator

 Men's Restroom

 Women's Restroom

 Staircase



LOWER LEVEL

D Wing

D168
D167
D169
D170
D171
D172
D166
D164 Suite J
D162 Suite K
D160
Suite H
Suite L
Suite M
Suite N
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Suite P
Suite Q
Suite R
Suite S
Suite T
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Podcasts
Leadership Resources

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SAVE THE DATE

FEBRUARY THIRD 2024

KEEP THE MOMENTUM
OF THE CONFERENCE GOING UNTIL
NEXT YEAR!

**BEGIN YOUR SMALL GROUP JOURNEY WITH A
CONFERENCE FOLLOW UP STUDY.**

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