

FEBRUARY FOURTH 2023

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I TIMOTHY 6:11

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**NO**  
**REGRETS**

**MEN'S**  
**CONFERENCE**  
30th ANNIVERSARY



**BUT YOU,  
MAN OF GOD,  
FLEE FROM ALL THIS,  
& PURSUE  
RIGHTEOUSNESS,  
GODLINESS,  
FAITH, LOVE,  
ENDURANCE &  
GENTLENESS.**

1 TIMOTHY 6:11



# PURSUE LIFE

Welcome to the 30th annual No Regrets Men's Conference.

This all started in a conference room. A small group of men asked ourselves, "What do we want to do?" One man replied, "become friends and change the world." That is exactly what we have been seeking to do all of these years. One of my greatest joys (other than my wife, kids and grandkids, of course) has been working with this team for the last 30 years. I am so grateful for each man and woman who has faithfully served over the years to make this conference happen.

I would like to thank two men in particular for all they did to get us here. The first is my good friend, Dave Wennstrom, who planted the idea of a men's conference all those years ago. The second is Stuart Briscoe, who encouraged us to host the event at Elmbrook, was a frequent speaker and was our biggest fan and supporter.

Our theme this year, PURSUE, is inspired by 1 Timothy 6:11. This pursuit starts with a God who pursues each of us (Ephesians 1:4). The God of the universe will move mountains and desires a relationship with us. His faithfulness was evident as He used ordinary men, who were unsure of what they were doing, for His service. We have seen thousands of men come into life-changing relationships with Him. We have seen men break addictions, heal relationships, restore marriages and be mobilized to serve across the street and around the world.

Today is about Christ and what it means to pursue Him and the purposes He has for us. I am so grateful you have chosen to join us and look forward to what God is going to do in our lives as we pursue Him together.

For the Cause that Counts,  
Steve and the No Regrets Committee



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## ALBERT TATE

Albert Tate is the Founding and Lead Pastor of Fellowship Church in Los Angeles County, CA. As a dynamic communicator, Albert is passionate about sharing the Gospel of Jesus Christ both locally and globally. He serves on the Board of Trustees at Azusa Pacific University, the Global Leadership Network, and Global Church Planting Organization, Stadia. Albert is the Founder and CEO of The Greatest Story, Inc, & President of Harambee Ministries.

## VINCE MILLER

Vince Miller's beginnings were in sharp contrast to the leading author and speaker he's become. Abandoned by his father at age two, drug use and failed marriages by his mother plagued his formative years. A loving grandfather led him to Christ. This 28-year ministry veteran, has authored 19 books, including, *Thirty Virtues That Build a Man*, small group videos, Resolute, a non profit with discipleship tools and The Men's Daily Devo. Vince is a married father of three and spends his time dedicated to mentoring leaders around the world.

## STEVE & COLLEEN SONDERMAN

Steve and Colleen have been married for 39 years, are parents to four married adult children and grandparents to six grandkids. Colleen is a physical therapist overseeing oncology rehab. Steve is the Founder and President of No Regrets Men's Ministry. As a leader in men's ministry, Steve spends time training and coaching churches worldwide on how to effectively minister to men.

## CHRIS BROWN

Chris Brown serves as a Senior Pastor and Teaching Pastor at North Coast Church in Vista, CA since 2004. He has also served as Campus Pastor and Youth Pastor in the LA area. He is a gifted storyteller and Bible teacher, known for his sense of humor and motivational style. His life work and ambition is to equip people to follow Jesus while building healthy, productive teams that serve the local church.



## STEVE CARTER

Steve Carter is the Teaching Pastor at Forest City Church in Rockford, IL. He is the author of, *The Best of You*, where he invites people to step bravely into God's calling even when they feel the least prepared and, *This Invitational Life*, where he calls people to risk themselves to align with God's heartbeat for humanity. He is the co-host of the Relevant Sports Podcast, a weekly show that talks about the intersection of sports, culture and faith. Steve lives outside Chicago with his wife, Sarah, and their two kids.

## MARK BATTERSON

Mark Batterson serves as Lead Pastor of National Community Church in Washington, D.C., a multi-site church. Mark holds a Doctorate in Ministry from Regent University and is the New York Times best-selling author of 19 books including, *The Circle Maker*, *In a Pit with a Lion on a Snowy Day*, *Wild Goose Chase* and has recently released, *Double Blessing*, *Whisper*, and *Play the Man*.

## PASTOR ROD HAIRSTON

Rod Hairston is committed to helping people experience the transforming power of God in their lives and families. As the Founding Pastor of Messiah Community Church, in Reistertown, MD. Pastor Rod passionately engages people with practical teaching and encourages people to live authentic lives that make a difference. He believes a healthy and vibrant church community that emphasizes clear biblical teaching, emotional wholeness, and gracious community is the best way to transform lives. Rod and his wife, Sheri, have been married for 30 years.

## CORY DEMME

Cory Demmel is the Lead Pastor at Cape Christian Church in Cape Coral, FL.. Cory's focus is growing leaders across ministries. He has led in adult ministry, children and student ministries, small groups, and Master's Commission International Network. Cory's goal is to add value and help people discover and pursue their passions and purpose.

TIME (CT)	SESSIONS   SEMINARS	SPEAKER
8:00 AM	<b>OPENING SESSION</b>	Chris Brown
9:15 AM	Discussion/Break	
9:30 AM	<b>SEMINAR 1</b>	
Ch 1	Pursuing a Godly Marriage	Steve Carter
Ch 2	Temptations Men Face	Albert Tate
Ch 3	Win the Day	Mark Batterson
Ch 4	Living Free From Your Stuff	Cory Demmel
10:00 AM	Discussion/Break	
10:15 AM	<b>SEMINAR 2</b>	
Ch 1	Pursuing Work and Life	Rod Hairston
Ch 2	Becoming a Godly Dad	Chris Brown
Ch 3	Soul Mates	Steve & Colleen Sonderman
Ch 4	Lessons from 30 Years of Men's Groups	Vince Miller
10:45 AM	Discussion/Break	
11:00 AM	<b>SEMINAR 3</b>	
Ch 1	Play the Man	Mark Batterson
Ch 2	Growing as a Jesus Follower	Rod Hairston
Ch 3	Why Christ?	Steve Carter
Ch 4	Work Unto the Lord	Troy Thomas
11:30 AM	Discussion/Break	
11:45 AM	<b>CLOSING SESSION</b>	Albert Tate

No Regrets is a live event-all times are approximate.

**SOCIAL MEDIA**



POST YOUR PICTURES TO YOUR SOCIAL MEDIA AND TAG US!

@noregetsmen | #NRC23 | #menwithnoregets

# DO YOU NEED PRAYER?

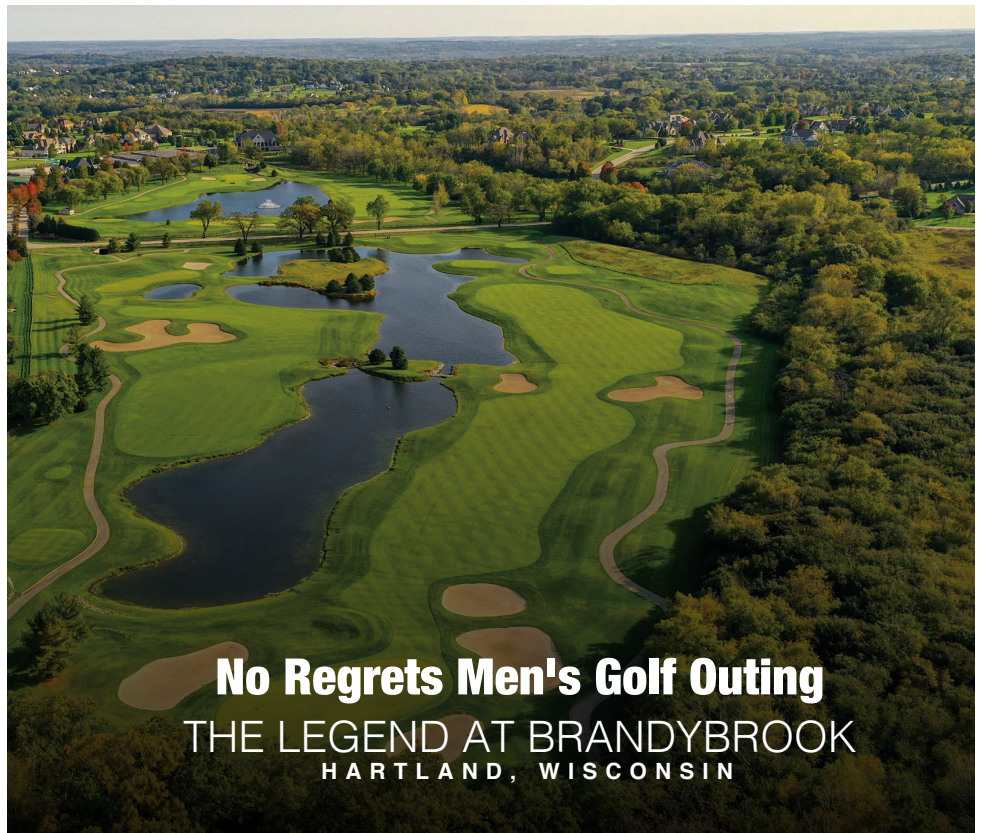
Our prayer team members are here to support you.

Text "PRAYER" to 262.207.4008 or email us at [Prayer@noregretsconference.org](mailto:Prayer@noregretsconference.org)

# GOLF OUTING

SAVE THE DATE:

**JULY 17,  
2023**



**No Regrets Men's Golf Outing**

THE LEGEND AT BRANDYBROOK  
HARTLAND, WISCONSIN

**OPENING SESSION**

8:00-9:15 AM  
STREAM: CH 1

**CHRIS BROWN || PURSUE**

Why are we here? What are we supposed to do, and how do we do it? The answer to these questions helps us manage the stress and weight of responsibilities we try to juggle in our lives. Chris will show us what it means to pursue the purposes God has for us and release us to walk in freedom.

**STREAM: CH. 1**

**STREAM: CH. 2**

**SEMINAR 1 || 9:30-10:00 AM**

**STEVE CARTER || PURSUING A GODLY MARRIAGE**

What does a godly marriage look like? What do we do if our marriage doesn't look that way? Why can marriage be so challenging? How do we pursue a Biblical vision for our marriage in every season of life? Join Steve as he explores this challenging topic and brings practical application for men to pursue godly marriages.

**ALBERT TATE || TEMPTATIONS MEN FACE**

Money, sex, power and addictions. It's easy to get derailed as you follow Christ. How do you avoid the temptations men face? Albert will discuss how, in Christ, we overcome the temptations that cause men to stumble.

**SEMINAR 2 || 10:15-10:45 AM**

**ROD HAIRSTON || PURSUING WORK AND LIFE**

Your work, leisure and relationships, do not have to compete. In this session Rod will empower you to find balance in your work, family, and relationship life.

**CHRIS BROWN || BECOMING A GODLY DAD**

As men we tend to lean into things that we are good at, or enjoy. Unfortunately for many, parenting is not on either of those lists. Today's session will bring encouragement and empowerment that you are made for this role.

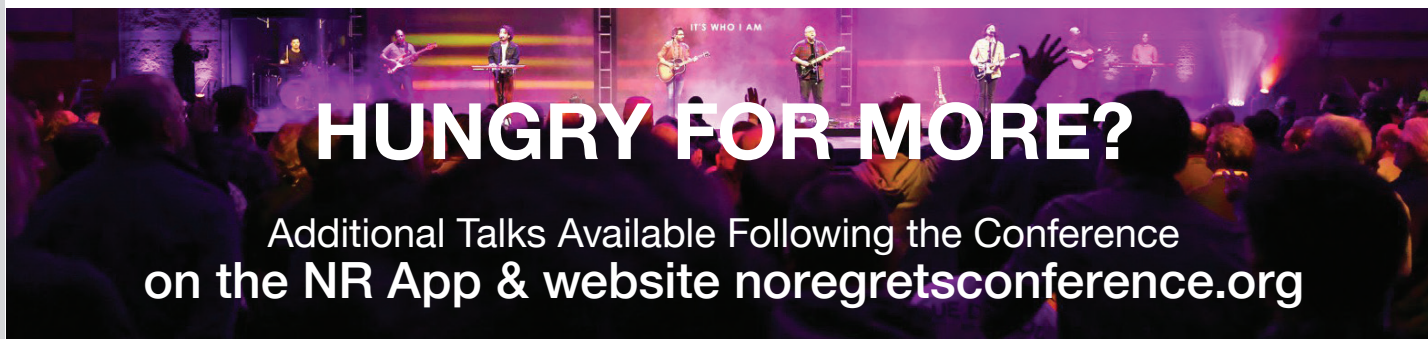
**SEMINAR 3 || 11:00-11:30 AM**

**MARK BATTERSON || PLAY THE MAN**

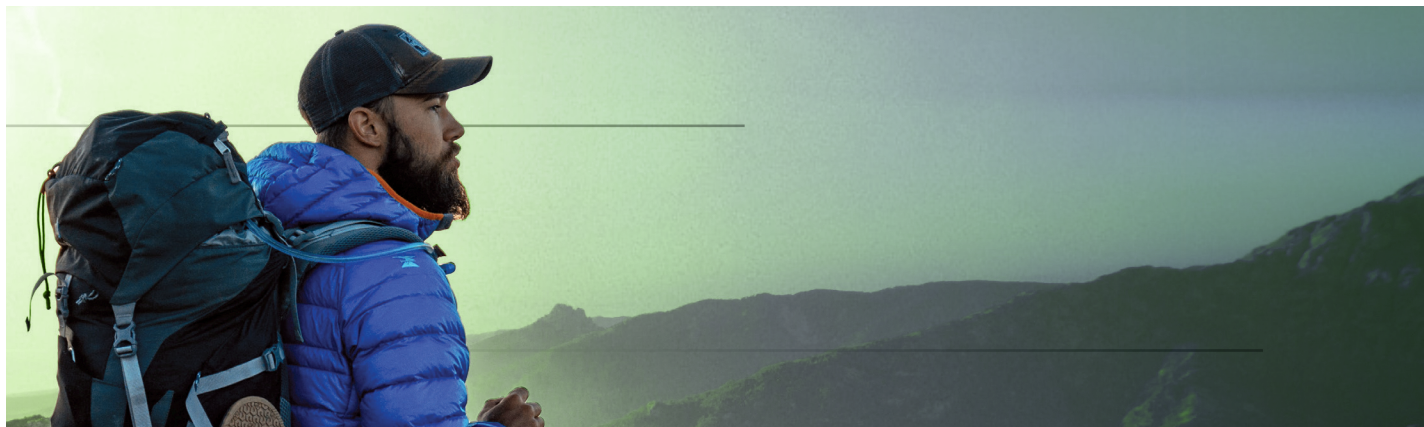
The will of God is not an insurance plan, it's a dangerous plan. Quit living as if the purpose of life is to arrive safely at death. It's time to take up your cross and go all in with God. God is calling a generation of men to step up—as husbands, as fathers, as friends—and play the man.

**ROD HAIRSTON || GROWING AS A JESUS FOLLOWER**

Anything we want to grow in our lives, whether it's a business, a relationship, a garden, or our finances depends on the principles of sowing and reaping. Learn how to grow as a follower of Jesus by observing the same principles. The secret to growing in Christ is all about being receptive to the seed of His word, no matter what kind of hand life is dealing us. Even if you've gotten off track, growth is still possible!







## STREAM: CH. 3

## STREAM: CH. 4

### MARK BATTERSON || WIN THE DAY

Show me your habits and I'll show you your future. Destiny is not a mystery. Destiny is daily habits. The good news? You are one habit away from a totally different life!

### CORY DEMMEL || LIVING FREE FROM YOUR STUFF

There are so many voices telling men where their values lie: talents, bank accounts, careers, accomplishments and toys. However, there is more to YOU than all that stuff. There is fulfillment and security beyond all that, because YOU ARE NOT YOUR STUFF!

### STEVE & COLLEEN SONDERMAN SOUL MATES

Between working 50+ hours per week, attending kids activities, coaching teams, household chores and serving at church, where is the time to be a "Soul Mate"? In this seminar Steve & Colleen will draw upon nearly 40 years of marriage to share principles on how your marriage can grow and deepen through the years.

### VINCE MILLER LESSONS FROM 30 YEARS OF MEN'S GROUPS

Brotherhood is one of man's basic needs. Yet today, most men walk through life with few friends. God is not looking for men to have only friendships but calls us into brotherhood. In this session, you will discover why brotherhood is essential to your faith and how to build it into your life and church culture.

### STEVE CARTER || WHY CHRIST?

Jesus Christ is the most historically significant, culturally impactful, and personally debated figure of all time. Who is this figure? The way we understand the person and work of Christ strongly influences why we place our trust in Him. So why should you devote your life to Him? Join Steve as he unpacks this important topic and challenges you to answer these questions for yourself.

### TROY THOMAS || WORK UNTO THE LORD

Another day, another dollar? Working for the weekend? Just showing up? Is your work just a daily grind? How do we respond to work that seems unfulfilling, frustrating, and disconnected from our spiritual life? Discover new application of the timeless advice for every working man: "whatever you do, work at it with all your heart, as working for the Lord."

## CLOSING SESSION

11:45-1:00 PM  
STREAM: CH 1

### ALBERT TATE

Albert will close the conference with the strong command that the Apostle Paul gave Timothy in 1 Timothy 6:11, "But you, man of God, flee from all this, and pursue righteousness, godliness, faith, love, endurance and gentleness."

Additional talks available following the conference on the NR APP and [noregretconference.org](http://noregretconference.org)

# DON'T MISS YOUR CHANCE TO WIN:

YOUR FEEDBACK IS IMPORTANT TO US.

Please complete your Comment Card by 12pm CT.

**Submitted cards are eligible to win a \$100 Home Depot gift card!**

Winning cards will be randomly drawn.

**FOR YOUR CHANCE TO WIN,  
SCAN THE QR CODE BELOW**



**APPAREL AVAILABLE AT:**  
[noregretsconference.org](http://noregretsconference.org)



**TAKE THE ENERGY & MOMENTUM**  
YOU FOUND HERE & KEEP IT GOING WITH ONE  
OF THESE DISCIPLESHIP RESOURCES.

### **PURSUE** II FOLLOW UP STUDY

Available immediately following the conference. A six-week study for small groups featuring videos from this year's No Regrets Conference.

Download the free study on the NR app or [noregetsmen.org/small-group-conference-studies](https://noregetsmen.org/small-group-conference-studies)



### **DISCIPLEMAKER 201**

A 6-month, virtual training experience provides your church leaders with tools, training and a customized pathway to start or grow your ministry to men.

### **BASECAMP**

Grow your small group through a series of short digital study guides. This 6-8 week series includes video teaching, Scripture reading, thought-provoking questions and group experiences. Lessons include leader notes for thoughtful discussions.

### **NO REGRETS LEADERSHIP PODCAST**

Check out our podcast available on Tuesdays on the NR app, Apple podcasts, and wherever you listen to podcasts.

Interview-style podcast featuring leading voices for leadership to men.

For more resources and small group Bible studies go to: [noregetsmen.org](https://noregetsmen.org)





## Looking For A FEW GOOD MEN.

Be part of a team of men on the frontlines of ministry,  
talking with churches & organizations.

1. Visit [NoRegretsMen.ORG](https://NoRegretsMen.ORG)
2. Fill out the contact form.
3. Write “Ambassador” in the message box.



# DISCIPLEMAKER 101

Impacting Your World for Christ

You want to build a disciple-making movement so that you can see your community change for good. But you just aren't sure where to begin. Here is some good news: you can start here! There are steps you can take to change your community for the better.

It all starts with DiscipleMaker 101  
[noregetsmen.org/disciplemaker101/](http://noregetsmen.org/disciplemaker101/)



Download the  
**No Regrets**  
App Today!

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Seminar Audios  
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Leadership Resources

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YOUR MOBILE  
DEVICE NOW!









**NOTES:**

**SAVE  
THE  
DATE**

**FEBRUARY  
THIRD  
2024**

**KEEP THE MOMENTUM**  
OF THE CONFERENCE GOING UNTIL NEXT  
YEAR!

**BEGIN YOUR SMALL GROUP JOURNEY WITH A  
CONFERENCE FOLLOW UP STUDY.**

You can download the follow up study on the NR app, or go to  
[noregretsmen.org/small-group-conference-studies](http://noregretsmen.org/small-group-conference-studies)

**SPECIAL THANKS TO OUR SPONSORS:**

**MINISTRY SPONSORS**



**CONFERENCE SPONSORS**



# IT TAKES A TEAM

IN THE SAME WAY IT TAKES A TEAM TO CLIMB EVEREST, SO IT TAKES A TEAM FOR US TO FULFILL OUR PURPOSE OF EQUIPPING LEADERS TO DISCIPLE THE MEN OF THEIR CHURCHES AND COMMUNITIES. WOULD YOU CONSIDER JOINING OUR TEAM AND BECOMING A MONTHLY DONOR?

***\$25 A MONTH TO SPONSOR A MAN***

***\$50 A MONTH TO SPONSOR A SMALL GROUP***

***\$250 A MONTH TO SPONSOR A CHURCH***

***\$500 A MONTH TO SPONSOR A COUNTRY***

THERE IS A COST TO CHANGE THE WORLD ONE MAN AT A TIME. WON'T YOU HELP US HELP MEN REACH THEIR SUMMIT? JOIN OUR TEAM TODAY.

## FOUR WAYS TO DONATE TO NR:



OUR SECURE  
**WEBSITE**  
[noregetsmen.org/give](https://noregetsmen.org/give)

NO REGRETS  
**APP**

MAIL A CHECK

Payable to: **No Regrets Men's Ministry**  
**19435 W. Capitol Drive Suite L05**  
**Brookfield, WI 53045**

STOCK TRANSFERS

Please contact us directly  
[Craig.Cooper@NoRegretsMen.org](mailto:Craig.Cooper@NoRegretsMen.org)

*No Regrets is a registered 501(c)(3) nonprofit. All donations are tax exempt.*

**NO** **MEN'S**  
**REGRETS** **CONFERENCE**  
**30th ANNIVERSARY**

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